

CITRUS HEIGHTS RESOURCES

COMMUNITY HEALTH WORKER

Gabby Yost 916-698-9598

Aaron Strother 916-413-0053

Call to set an appointment or visit:

Monday 1:00 pm - 3:00 pm

Living Water 7605 Lauppe Lane, Citrus Heights

Tuesday 3:00 pm - 4:00 pm behind Costco

FOOD & NUTRITION

Sunrise Christian Food Ministry 916-965-5431

Advent Lutheran Church

5901 San Juan Ave Citrus Heights, CA

Mon-Fri 11:00 am - 2:00 pm, Walk up or Drive up

Holy Family Catholic Church Food Closet 916-723-2494

7817 Old Auburn Rd Citrus Heights

Mon-Wed-Fri - Call between 9 am-9:30 am

for same morning pick up, Walk up or Drive up

Orangevale Fair Oaks Food Closet 916-238-8868

6483 Main Ave, Orangevale, CA (2 visits per month)

Monday 11:00 am - 1:00 pm

Wed 4:30 pm – 6:30 pm

Thurs-Fri 10:00 am - 12:30 pm

Carmichael Presbyterian Food Closet 916-483-9232

5645 Marconi Ave Carmichael

Mon- Fri Call between 10:00 am - 12:00 pm

For Pick up 2:00-3:30 pm same day, Walk up or Drive up

MEALS

Monday

Living Water 7605 Lauppe Lane, Citrus Heights
Near Rusch Park toward Mesa Verde HS
Hot Meal & To-go food: 11:30 am - 3:00 pm

Tuesday

Grace House Behind Costco/Walmart on Auburn Blvd.
Hot Meal & To-go food: 3:00 - 4:00 pm

Wednesday

Holy Family Catholic Church Community Meal
7817 Old Auburn Rd
Every Wednesday Dinner 5:00 pm

Thursday

Divine Savior 9079 Greenback Ln Orangevale
Every Thursday Dinner 6:00 pm

Friday

Saturday

Carmichael Presbyterian Church
5645 Marconi Ave Carmichael
Shower and Snacks 9:00 am – 1:00 pm

Saturday/Sunday

St Vincent De Paul 105 Bonita Roseville
Lunch: 2:30 – 4:00 pm

FREE LAUNDRY SERVICE

Paradise Coin Wash

7345 Greenback Lane Citrus Heights

2nd Sat 8:00 - 11:00 am *Get there early!*

FREE Wash & Dry -Limit 3 washers per family

WELLNESS CENTER

El Hogar C.O.R.E.

916-441-3819

8421 Auburn Blvd, Ste 162 (Near Twin Oaks Ave)

Citrus Heights CA 95610

Mon-Fri 8:00 am -5:00 pm

Charge devices, Internet, free laundry, snacks and
beverages, peer conversation, rest

WEAVE

916-920-2952

Supports survivors of sexual assault, domestic violence and
sex trafficking.

OTHER INFORMATION

Alcoholics Anonymous 24hr 916-454-1100

Narcotics Anonymous 24hr 877-673-6363

Free Urgent Medical Care

St Vincent DePaul 916-781-3303

Wednesdays 9:00 am - 12:00 pm

503 Giuseppe Ct, Roseville, CA

The Gathering Inn 916-791- 9355

Saturdays 9:00 am - 12:00 pm

201 Berkeley Ave, Roseville, CA

Tenant & Renters Resources Dial 211

PET RELATED SERVICES

Free dog food and supplies in Citrus Heights:

The Father's Heart (916) 308-0520

Call to arrange a meeting place.

Free vet:

Loaves & Fishes complex:

1321 West C Street Sacramento CA 95811

2nd Saturday 8:00 am - 3:00 pm

Must check in no later than 9:00 am